

# Caesar Vegetarian

## Nutrition Facts

2 Servings Per Container

**Serving Size** 1 (111g)

**Amount Per Serving**  
**Calories** 140

**% Daily Value \***

**Total Fat** 8g 10%

Saturated Fat 5g 24%

*Trans* Fat 0g

**Cholesterol** 20mg 7%

**Sodium** 500mg 20%

**Total Carbohydrates** 7g 2%

Dietary Fiber 2g 7%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 12g

Vitamin D 0.1mcg 0%

Calcium 370mg 30%

Iron 1.2mg 6%

Potassium 230mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Lettuce, Parmesan Cheese, Croutons

**Contains:** Milk, Wheat