

Caesar with Chicken

Nutrition Facts

2 Servings Per Container

Serving Size 1 (133g)

Amount Per Serving
Calories 140

% Daily Value *

Total Fat 5g 7%

Saturated Fat 3g 14%

Trans Fat 0g

Cholesterol 45mg 16%

Sodium 290mg 10%

Total Carbohydrates 6g 2%

Dietary Fiber 2g 7%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 17g

Vitamin D 0.1mcg 0%

Calcium 200mg 15%

Iron 1.2mg 6%

Potassium 350mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Lettuce, Chicken Breast, Parmesan Cheese, Croutons

Contains: Milk, Wheat