

# House Vegetarian

## Nutrition Facts

2 Servings Per Container

**Serving Size** 1 (228g)

**Amount Per Serving**  
**Calories** 130

**% Daily Value \***

**Total Fat** 7g 9%

Saturated Fat 3.5g 18%

*Trans* Fat 0g

**Cholesterol** 95mg 32%

**Sodium** 160mg 6%

**Total Carbohydrates** 10g 4%

Dietary Fiber 2g 6%

Total Sugars 3g

Includes 0g Added Sugars 0%

**Protein** 8g

Vitamin D 0.6mcg 2%

Calcium 160mg 10%

Iron 1.3mg 8%

Potassium 360mg 8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** English Cucumber, Green Leaf Lettuce, Cherry Tomato, Egg, Monterey Chhese, Croutons

**Contains:** Eggs, Milk, Wheat