

# Harvest with Chicken

## Nutrition Facts

2 Servings Per Container

**Serving Size** 1 (147g)

**Amount Per Serving**  
**Calories** 250

**% Daily Value \***

**Total Fat** 13g 16%

Saturated Fat 3.5g 17%

*Trans* Fat 0g

**Cholesterol** 45mg 16%

**Sodium** 270mg 10%

**Total Carbohydrates** 18g 7%

Dietary Fiber 4g 15%

Total Sugars 13g

Includes 8g Added Sugars 17%

**Protein** 18g

Vitamin D 0.1mcg 0%

Calcium 270mg 20%

Iron 1.2mg 6%

Potassium 360mg 8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Kale, Chicken Breast, Blueberries, Parmesan Cheese, English Cucumber, Dried Cranberries, Pecans, Apples

**Contains:** Milk, Pecan